



Tamara "Tammy" (Tungland) Cook

March 20, 1958 - May 18, 2019

Tamara "Tammy" Denise (Tungland) Cook, 61, of Spirit Lake passed away on Saturday, May 18, 2019 at Lakes Regional Healthcare in Spirit Lake.

A visitation will be held from 4-6 p.m. on Sunday, June 2, 2019 at the Schuchert-Lentz Funeral Home in Spirit Lake. Private family burial of her remains will be held in the Superior Cemetery. Arrangements are under the direction of the Schuchert-Lentz Funeral Home in Spirit Lake. Online condolences may be sent to www.spiritlakefuneralhome.com

Tammy was born on March 20, 1958 to Burton and Delores (Shepard) Tungland in Spirit Lake. She graduated from Spirit Lake High School in 1976. Then she attended beauty school in LeMars, IA. Tam worked as a hair stylist at Isle Beauty in Spirit Lake. She was united in marriage to Terry Cook on August 21, 1977 and they made their home in Estherville, IA. In the summer of 1981, Tam and Terry packed up all their belongings and headed north to Alaska. What an amazing adventure! Their love of Alaska kept them there for over 20 years, where she enjoyed fishing for Salmon and Halibut and hunting Elk and Deer. Tam returned home to Iowa in 2001, where she worked as a cleaning lady after retiring from the hair business. She enjoyed riding horses with her dad and fishing with friends. She was a great cook, spoiled and loved her two nephews and will be missed.

Tammy will be remembered for her sense of humor, all her funny stories and her ability to make friends with everyone she met. Even on her cancer journey, she never complained, making the best of a bad situation. She was one very

special person who lived her life to the fullest. Her kind, heartfelt smile will never be forgotten.

Left to cherish her memory are her dad, Burton Tungland of Spirit Lake; brother Terry (Mary) Tungland of Spirit Lake; nephew Jesse (Cheri) Tungland of Spirit Lake and their children Tyler and Taylor; nephew Cody (Sarah) Tungland of Milford and their son Cole; her favorite, loving uncle Denny and Aunt Rae Jean Tungland of Spirit Lake and many other relatives and friends. She was preceded in death by her mother Delores, husband Terry Cook and maternal and paternal grandparents.

Tribute Wall



“ *Robinson Funeral Home created a Tribute Video in memory of Tamara "Tammy" (Tungland) Cook*



Robinson Funeral Home - May 29, 2019 at 05:43 PM

RA

“ *Ruth And Pete Albrant lit a candle in memory of Tamara "Tammy" (Tungland) Cook*



Ruth and Pete Albrant - July 08, 2019 at 09:00 PM

BW

“ *Bev Wittler lit a candle in memory of Tamara "Tammy" (Tungland) Cook*



Bev Wittler - June 10, 2019 at 02:00 PM

BT

“ *Becky Thoreson lit a candle in memory of Tamara "Tammy" (Tungland) Cook*



Becky Thoreson - June 02, 2019 at 09:50 AM

DB

“ *My sympathy to your family.*

Dayle Broocks



Dayle Broocks - May 26, 2019 at 10:36 PM

AS

“ *Andrea Schwarck lit a candle in memory of Tamara "Tammy" (Tungland) Cook*



Andrea Schwarck - May 26, 2019 at 03:27 PM



“ *1 file added to the album Memories Album*



Lissa Potter - May 24, 2019 at 08:56 PM



Always smiling and laughing. She made me laugh until I cracked up so hard I'd choke! I'm smiling just writing this.

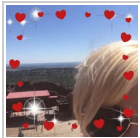
Lissa Potter - May 24, 2019 at 10:03 PM



“ *Patty & Jerry Jones lit a candle in memory of Tamara "Tammy" (Tungland) Cook*



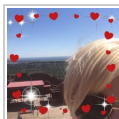
Patty & Jerry Jones - May 23, 2019 at 03:44 PM



“ *Theresa Grosvenor lit a candle in memory of Tamara "Tammy" (Tungland) Cook*



Theresa Grosvenor - May 23, 2019 at 01:15 PM



T was always a shining bright star and always made me laugh! What a treasure..I shall miss her so!! 🙏❤️🎈

Theresa Grosvenor - May 23, 2019 at 01:18 PM



“ *Mary Buell lit a candle in memory of Tamara "Tammy" (Tungland) Cook*



Mary Buell - May 22, 2019 at 11:53 PM

BT

“ Bruce Thompson lit a candle in memory of Tamara "Tammy" (Tungland) Cook



Bruce Thompson - May 22, 2019 at 10:13 PM

PM

“ Patrice Meyerdirk lit a candle in memory of Tamara "Tammy" (Tungland) Cook



Patrice Meyerdirk - May 22, 2019 at 03:57 PM

RK

“ Ron And Jane Kauzlarich lit a candle in memory of Tamara "Tammy" (Tungland) Cook



Ron and Jane Kauzlarich - May 21, 2019 at 07:02 PM

PH

“ Paula Hagedorn lit a candle in memory of Tamara "Tammy" (Tungland) Cook



Paula Hagedorn - May 21, 2019 at 06:41 PM

FO

“ *Floyd Ogle lit a candle in memory of Tamara "Tammy" (Tungland) Cook*



Floyd Ogle - May 21, 2019 at 06:16 PM

JH

“ *John Huntsinger lit a candle in memory of Tamara "Tammy" (Tungland) Cook*



John Huntsinger - May 21, 2019 at 01:09 PM

MT

“ *1 file added to the tribute wall*



Mary Tungland - May 21, 2019 at 08:00 AM

JK

What a nice photo of my friend, Tam!

Jane Kauzlarich - May 22, 2019 at 01:20 PM

Sheryl
Ogle

“ Sheryl Ogle lit a candle in memory of Tamara
"Tammy" (Tungland) Cook



Sheryl Ogle - May 21, 2019 at 04:05 AM

MO

“ Rest Easy, Tam.
Debbie & Monica



Monica - May 21, 2019 at 01:04 AM

AT

“ Al And Connie Tolan lit a candle in memory of
Tamara "Tammy" (Tungland) Cook



Al and Connie Tolan - May 20, 2019 at 11:43 PM

MW

“ Mike Wallace lit a candle in memory of
Tamara "Tammy" (Tungland) Cook



Mike Wallace - May 20, 2019 at 09:18 PM

CF

“ Colleen Frederick lit a candle in memory of Tamara "Tammy" (Tungland) Cook



Colleen Frederick - May 20, 2019 at 09:12 PM

BP

“ Barbara Paine lit a candle in memory of Tamara "Tammy" (Tungland) Cook



Barbara Paine - May 20, 2019 at 05:23 PM

LB

“ Linda K Baltzegar lit a candle in memory of Tamara "Tammy" (Tungland) Cook



Linda K Baltzegar - May 20, 2019 at 04:43 PM

RG

“ Ruth "Kiner" Gerdes lit a candle in memory of Tamara "Tammy" (Tungland) Cook



Ruth "Kiner" Gerdes - May 20, 2019 at 01:32 PM

GB

“ Greg & Dee Baloun lit a candle in memory of Tamara "Tammy" (Tungland) Cook



Greg & Dee Baloun - May 20, 2019 at 12:22 PM

TO

“ Tony And Judy Olson lit a candle in memory of Tamara "Tammy" (Tungland) Cook



Tony and Judy Olson - May 20, 2019 at 11:42 AM



“ Michael Prescott lit a candle in memory of Tamara "Tammy" (Tungland) Cook



Michael Prescott - May 20, 2019 at 09:57 AM

RK

“ Robert Klepper lit a candle in memory of Tamara "Tammy" (Tungland) Cook



Robert Klepper - May 20, 2019 at 09:05 AM

PB

“ Paul Bakke lit a candle in memory of Tamara "Tammy" (Tungland) Cook



Paul bakke - May 20, 2019 at 08:10 AM

DK

“ Doug And Sally Kness lit a candle in memory of Tamara "Tammy" (Tungland) Cook



Doug and Sally Kness - May 20, 2019 at 07:59 AM

AT

“ Al & Connie Tolan lit a candle in memory of Tamara "Tammy" (Tungland) Cook



Al & Connie Tolan - May 19, 2019 at 07:52 PM

DR

“ Don And Jean Reed lit a candle in memory of Tamara "Tammy" (Tungland) Cook



Don and Jean Reed - May 19, 2019 at 06:44 PM

CH

“ Tammy was one-of-a-kind. She was a good friend to me. I am heartbroken. My thoughts and prayers are with the family she leaves behind. So sad...

Chris Henderson - May 19, 2019 at 06:14 PM

SD

“ Terry, Mary and family, so sorry for your loss. This is just too young. My thoughts and prayers are with you. Hugs to you all.

Sally Christensen DeLoss - May 19, 2019 at 01:54 PM